

Parenting Group

A skill building program designed to assist parents in raising children who will be competent and achieve their highest potential. Parents will learn how to interact with their children in a positive way and how to help them set realistic boundaries and goals.

Parenting is one of the hardest things we can do in our lives . . . it can also be one of the most rewarding! Everyone wants to be a good parent, and this group will provide information to overcome parenting struggles and concerns, and increase your feelings of being an effective parent. Common parenting questions will be discussed and solutions will be provided in a hands-on way to make this information simple to use and share with others.

Class Information

Time: Classes are available to fit your schedule. Call for group time.

Cost: \$8 per person / session

Call: 231-728-2138

- * *Certified Parenting Instructor*
- * *Classes meet weekly*
- * *Sessions are for six weeks*
- * *Continuing services available upon request*

Registration Information

For more information or to register, contact West Michigan Therapy:

231-728-2138

pchandler@wmttlc.com

or stop in at 130 E. Apple Ave.

www.wmttlc.com

Website currently under construction

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