

We Are Reducing Homelessness and Increasing Income

West Michigan Therapy, Inc.
Muskegon, Michigan – Region 3

West Michigan Therapy, Inc.

Building Programs



Partners

- Local CoC / Ten Year Plan
- Regions

Participants

- Identifying Need/Approach
- VOICE

Funding

- Lack of Funding
- Focused Funding

Action

- Making it Happen

History of WMT Building Programs



- Over twenty-three years of service to Muskegon County
- Roots in Substance Abuse
- Mission Statement / Agency Policy
- Emerging Need in Housing (1993)
- The VOICE of those we serve
- TLC – Transitional Living Center
- TBRA / HARP / Housing Navigation Center
- Project Development

Community Perspective



Uniqueness / Niche

- Licensed Substance Abuse
- Challenging Population – Chronic Homeless
- Diverting Homelessness
- Fill vacant housing units

Awareness

- Public Will
- Misunderstood Target Population

Action

- Systemic Change

Communication

- Partnerships and Stakeholders

Program Investment



- Make it happen
- Show results – how does it serve the underserved and/or serve them uniquely.
- Increase awareness and support
- Share process

Results



- **Decreased Homelessness**

33.33% reduction in chronic homeless from 2007 PIT and **16.71%** reduction in homelessness overall* Both WMT and CMH (24) manage permanent supportive housing programs targeted towards the homeless

- **Tenant Engagement**

90% Engagement in TBRA and 70% engagement in HARP – Support Services Model

Results



Cost Effectiveness

- \$1,550 per housing placement
- 174 one-hour units of case management per household
- \$8.94 per unit of service
- Going rate is \$30 per unit
- Ratio 1:40

Cost Analysis Method



- Housed for One Year
- Completed Survey
- Data Compiled into HMIS ART
- Core Areas
 - 1) Jail Bookings
 - 2) Jail Nights
 - 3) ER Visits
 - 4) Hospital Overnights
 - 5) Emergency Shelter Nights Reduced
 - 6) Income

Results



63 Participants Surveyed

21 CHI TBRA

41 HARP

1 Housing Navigation Center

Length of Stay

Combined total of 930 Months

Average LOS 15 months*

*May have entered the program 15 months ago-trend analysis

Results



Alcohol Abuse

- 28.57%

Drug Abuse

- 53.97%

Mental Illness

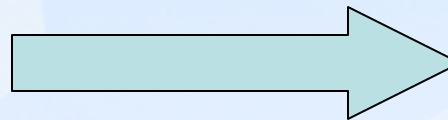
- 50.79%

Developmental Disability

- 7.94%

Physical Disability

- 25.40%



Dual
Diagnosis

30.16%

Results



Combined Annual Income 1-Year Prior
\$327,762.00

Combined Annual Income 1-Year After
\$516,877.00

Total Income Increase
\$189,115.00

Results



Times to Emergency Room Prior to Housing
153 times

Times to Emergency Room After Being Housed
128 times (16% reduction)*

Cost Savings
\$12,500 (at \$500 per visit)

*Skewed results due to small sample size

Results



Overnight Hospital Stays Prior
94

Overnight Hospital Stays After
46 (49% reduction)

Cost Savings
\$86,400.00 (at \$1,800 per night)

Results



Jail Bookings Prior

34

Jail Books After

21

Cost Savings

\$260.00 (at \$20 per booking)

Results



Days in County Jail Prior
773

Days in County Jail After
174

Cost Savings
\$26,955 (at \$45.00 per day)

Results



Nights in Emergency Shelter Prior

3529

Nights in Emergency Shelter After

0

Cost Savings

\$247,030.00 (at \$70 per day)

Results



Admissions to Emergency CMH
Residential Services Prior

24

Admissions to Emergency CMH
Residential Services After

1

Cost Savings

\$9,200 (at \$400 per admission)

Results



Job Held Prior

26

Jobs Held After

38 (32% Increase)

Nights Spent in Car Prior

404

Nights Spent in Car After

0 (100% decrease)

Total Cost Savings



| | |
|---------------------|--------------------------|
| Income | \$189,115 |
| Emergency Room | \$ 12,500 |
| Overnight Hosp. | \$ 86,400 |
| Jail Bookings | \$ 260 |
| County Jail | \$ 26,955 |
| ER Shelter | \$247,030 |
| ER CMH Res. | \$ 9,200 |
| <u>TOTAL</u> | <u>\$ 571,460</u> |

Investment



Investment in Support Services

\$122,000

- \$33,000 administration (ends this year)
- \$89,000 support staff

Return on Investment

\$571,460 Savings to Community

Secondary Investment



Out of those surveyed, the number one success they *felt* was. . .

- 5 in School
- 4 Sober
- 3 Mental Health
- 3 Physical Health
- 6 Self Confidence
- 6 Employment
- 23 Feeling Safe and Stable
- 6 Family Reunification
- 6 Social Security Benefits – SOAR
(\$45,864 or \$652 per month, increases each year)
- 1 Discharge from Criminal System

What is Next?



- Stabilize funding base to maintain programs ~ Navigation Center
- Improve and expand facilities
- Increase housing units for special populations

West Michigan Therapy, Inc.



2333 Jarman Street
Muskegon Heights, MI 49444
231-739-6840

130 East Apple Avenue
Muskegon, MI 49442
231-728-2138